



Seeking: Staff Wellbeing Volunteers



Can you help your ambulance service?

Your local NHS 999 ambulance and 111 care provider (SECAMB) is seeking friendly and enthusiastic people with a bit of spare time to volunteer to support our busy team.

We are setting up a dedicated group of Wellbeing Volunteers to play a key role in supporting staff wellbeing across our NHS Trust. We all know how important it is to 'care for the carers': with your help we can raise weary spirits and help our dedicated ambulance people to keep on providing the best possible care to our patients.

Is this you?

Wellbeing Volunteers will support our crews, dispatchers, call-takers and managers in a number of ways, mainly by being on hand when we're really busy to serve much-needed refreshments and offering a friendly face at local hospitals, at our 111 and 999 call centres or wherever our people could use the support.

You will be good with people, interested in making a difference and bringing a smile to someone's face, reliable, and committed to provide support when you have signed up for a shift. You will be 18 or over and probably have access to your own transport (or good local transport connections). Therefore, those wanting to volunteer on our welfare vehicles will need a driving licence with no more than three points and be comfortable driving a van. For those that aren't, there are opportunities to provide trolley services in Crawley, Ashford and Coxheath.

We will provide training for the role and clear contact points for support once you have volunteered. There will be a rota where you can select shifts yourself, so your time commitment is entirely flexible – winter is traditionally our busiest period though we may step up the need for wellbeing support at any time. Travel expenses to undertake the role will be paid. You will have the chance to meet our crews and call-takers, and to be part of the 999 and 111 'green family'.

If you are interested in volunteering or want to find out more:

Email: welfaresupport@secamb.nhs.uk

Or apply online [here!](#)